

PE provision Woodborough C of E Primary School

Term / year group	Rec	Yr 1	Yr 2	Yr 3	Yr 4	Yr 5	Yr 6
1	Gymnastics (1) Body management (1) PE Hub	Martial Arts Fundamentals	Swimming Fundamentals	Yoga (Abi and Twinkl) Football PE Hub	Gym I-Moves Rugby PE Hub	Dance- Street Jazz Football- PE Hub	Gymnastics (iMoves) Netball (PE Hub)
2	Speed / Agility (1) Cooperate and problem solve (1) PE Hub	Martial Arts Fundamentals	Swimming Fundamentals	Gymnastics I-Moves Hockey PE Hub	Gym Frisbee	Gym- I-Moves Rugby- PE hub	WW2 Dance (iMoves) Circuits (Twinkl/Lucy)
3	Dance: Samba I-moves Body management (2)	Send and return Dance / gymnastics	Gymnastics Attack, defend, shoot	Swimming Egyptian Dance I-moves	Dance Roman I-moves Orienteering	Dance- Tudors Lacrosse- PE Hub	Martial Arts (Coach) Rugby (PE Hub)
4	Speed / agility (2) Gymnastics (2)	Attack, defend, shoot Dance	Attack, defend, shoot Gymnastics	Swimming Gymnastic I-Moves	Circuits (BC plans) Tennis	Gym- I-Moves Netball	Martial Arts (Coach) Frisbee (TES)
5	Martial Arts Dance: Space I-moves	Swimming Dance Gymnastics	Hit, catch, run Send and return	Tri Golf (PE Hub) Highland Fling / Disco Dance I-moves	Dance Vikings I-moves Rounders PE Hub	Cricket Circuits	Gymnastics (iMoves) Cricket (PE Hub)
6	Martial Arts Cooperate / problem solve (2) link to rounders / Sports day	Swimming Kick rounders Sports Day Skills	Dance Kick rounders Sports Day skills	Athletics Rounders PE Hub	Athletics Cricket PE Hub	Athletics Rounders PE Hub	Strictly Dance (iMoves) Athletics (PE Hub) Rounders (PE Hub)