



### Rockley Point Information Pack

Residential Dates: Monday 3rd June - Friday 7th June 2019

Dear Parents,

Please find attached the information pack for our forthcoming residential visit to Rockley Point. While the children will be having fun, they will also be fulfilling the Programme of Study for Curriculum 2014 in Physical Education. The learning objectives of which are listed below.

<b>Learning Objectives</b>
Communication Skills - Verbal and listening
Teamwork/ Working with Others - How to effectively work with others
Managing Feelings - Overcoming frustration, fear, shyness etc.
Negotiating - Balancing points of view
Problem Solving - Developing solutions by thinking in different ways
Confidence building - Through successfully completing challenging activities
Co-ordinating Skills - Mastering processes that require various motor skills
Physical Challenge - Pushing the body past normal physical comfort levels
Rule bound activities - Encourage discipline and self-control

To that end, the trip has been well planned and I feel certain the children will thoroughly enjoy their time away. Your child will be well looked after. Besides the many and varied Centre Staff, Mrs Brewis, Mrs Lowe, Miss Papworth- Smith and Mrs Wren also be accompanying them.

Please complete the "Medical, Safety and Behaviour and First Aid Consent" forms enclosed which we require by **Monday 1<sup>st</sup> April 2019** to finalise booking arrangements.

Please can we remind you that there will be an information evening on **Monday 13<sup>th</sup> May 2019**. For further information about the trip, the activities, the centre etc please check the website [www.rockleyadventure.com](http://www.rockleyadventure.com) and you will be able to see for yourself how worthwhile and enjoyable these visits are!

If there are any problems or questions regarding the form, please do not hesitate to contact us.

Yours sincerely,

Mrs Brewis, Mrs Lowe, Miss Papworth- Smith and Mrs Wren



**Safety and Behaviour Form.**

**Name of child** \_\_\_\_\_

As a parent of the named child, I understand the need to support the school and safety of the residential by acknowledging the requirement for my child to behave responsibly. In the unlikely event of my child behaving in an unsafe or irresponsible manner, I agree to come and collect him/her from Rockley Point, Poole should such a decision be the only one available to the Leadership at the Centre (see Appendices, please note these are generic).

**Signed** \_\_\_\_\_



### Medicines

Mrs Brewis and Mrs Wren will be in charge of all medicines and will keep a written record as they are administered. Please hand all medicines in to **Mrs Brewis on Monday 3rd June** before boarding the coach. They must be clearly named, labelled and have very clear instructions. Regarding asthma inhalers, the children must look after these themselves and take responsibility accordingly - all clearly labelled.

Please ensure you complete and return the First Aid Consent Form found below and the medical details form found on the next page as soon as possible. Thank you.

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### First Aid Consent Form

Name of child.....

Date of birth.....

I hereby give consent for .....to take part in the planned Rockley Point activities.

I give permission for the party leaders to administer First Aid should it be necessary. I agree to my son/daughter receiving medication as instructed and any emergency dental, medical or surgical treatment, including anaesthetic or blood transfusion, as considered necessary by the medical authorities present.

Signed.....

**Please inform us if your son/daughter comes into contact with any contagious or infectious diseases or suffers from anything that may be contagious or infectious in the four week prior to this residential.**





## Rockley Point Kit List.

Here is a suggested list of what you will need to bring for your week away. Make sure you remember to bring a **packed lunch and drink** for Monday.

The centre is very strict about having proper water shoes not crocs.

Item	Number of items	Packed at home	Packed at centre
<b>Clothes</b>			
Sleeping Bag, pillow and pillow case			
Night Clothes			
Underwear			
Pairs of Socks (including plenty of spares)			
Trousers (It's important that the students do not wear jeans whilst doing the activities for safety and comfort reasons)			
Shorts			
T-Shirts			
Long sleeved top			
Rash vest			
Shortie wetsuit			
Jumper/Sweatshirt			
Waterproof Jacket/Anorak			
Sunhat			
Trainers or other substantial footwear (at least 2 pairs)			
Swimwear			
Water shoes			
Sunglasses			
<b>Toiletries</b>			
Wash bag			
Toothbrush			
Toothpaste			
Sponge/Flannel			
Soap			
Shower gel			
Hair products i.e. shampoo/conditioner			
Hair Ties (for long hair)			
Sun cream			
Towels (bath and beach)			
Large sturdy bag for damp, dirty clothing			
<b>Other</b>			
Named Water Bottle			
Book to read			
Small torch with batteries			



### Pocket Money

It will not be necessary for the children to bring a great deal of pocket money. To this end, I advise a maximum of £5 for the week provided in a clearly marked envelope.

Could all pocket money be handed in to **Mrs Lowe** on **Monday 3rd June** before boarding the coach.

#### Definitely no:

Mobile phones, iPods, iPads, penknives, a DS or other electrical toys.

#### Other useful information for parents:

Address of Centre:

Rockley Point  
Hamworthy  
Poole  
Dorset  
BH15 4RW