

Screen Break Day – Friday 29th January – 25 activities for KS2

Maker Hour	Build a famous landmark with lego, knex etc	Create a large piece of art	Create a board game to play with your family this weekend	Draw a picture on a cereal box and cut it to make a jigsaw	Write and perform a song/rap
Reading Hour	Read a recipe or instructions to complete an activity	Turn your favourite story into a comic book	Read a description from a book and create your own illustration	Make a reading den and read your own book	Learn a poem by heart
Fitness Hour	Make an obstacle course to complete	Make up a fitness workout – Joe Wicks style	Go on a walk, run or cycle with your family	Make a dance routine to your favourite tune!	Complete the attached challenge sheet
Service Hour	Write a letter to someone to say 'Hello'	Tidy your room	Help make a meal for your family	Ask your parents for a chore to complete	Upcycle a container and create something to attract wildlife.

We are very aware that children are spending lots of time looking at screens to complete their home learning. On Friday 29th January, all children will be asked to complete screen free activities. We would like children to complete one activity from each section during the day.