



Round up: Issue 05

Primary

Welcome to our school newsletter where this week's theme is 'Food, Glorious Food!' We can certainly see that many of you have been busy getting very creative in the kitchen and your schools have been doing an amazing job of keeping up their great lunch provision for many of you to be able to enjoy!

Do keep sharing everything that you have been doing and, next week, we will look forward to hearing the **games that you have been playing** with each other as our theme for the weekly newsletter. Whether it's playing games online (remembering the 'stay safe' e-safety rules) or any type of games in your home, we want to hear from you. You can email contributions to events@wiltshire.gov.uk

Please ask your parent/carer to share with us any pictures (attach the picture as a jpeg to your email) and a few words on what you've been up to during the current times and we'll do our best to put them in the next edition or share them on our social media. You can email your contributions to events@wiltshire.gov.uk but please do so by 5pm each Tuesday. Any pictures sent over will only be used in the newsletter or our social media but photos are stored for two years and then deleted.

This week children have been exploring healthy balanced diets as part of their home learning

All foods contain different nutrients, vitamins and minerals. In order to get all the nutrients we need, it is important for to have a varied diet containing lots of different foods. Advice is to aim for three balanced meals a day and up to two healthy snacks. Use different protein sources in each meal and different varieties of vegetables.

Recent research suggests we should reduce the amount of meat we eat not only to improve our health but also to help the environment. As part of our home learning we have been exploring vegetarian cooking and making some yummy meals at home – don't they look appetising!



Yummy home cooked meals!

River Mead School share with us what they enjoy eating, including school meals

River Mead have been creative and resourceful when it comes to cooking school dinners over the last few weeks without a kitchen team! Temporary chefs have included all members of staff and the children have particularly enjoyed Mrs Austin's pineapple-upside-down-cake and custard, although maybe it was a little thick!

Last week, the children all made individual pizzas (one to have for lunch and one to take home). They were delicious!

This week children are looking forward to making bread rolls ready for a picnic at the end of the week.



There is so much cooking going on at home too! Children have been making biscuits, bread, pizzas and a peach and white chocolate cake! The children have been explaining how cooking is helping with their learning using different areas of maths; fractions and measurement and also reading and following the recipes have also been important skills to practise and dare we say with what looks like with very impressive cooking skills!



Yummy!

Cooking at home



Jokes

There is nothing like a 'corny' food joke to cheer us up...

Q: Why did the students eat their homework?

A: Because the teacher said that it was a piece of cake.

Q: What do you get if you cross an apple with a shellfish?

A: A crab apple

Q: How do you make an apple turnover?

A: Push it downhill.

Q: What did the hungry computer eat?

A: Chips, one BYTE at a time!

Q: Why did the banana go to the doctor?

A: Because it wasn't peeling well!

Q: What do you give a sick lemon?

A: Lemon aid!

Q: What is a frog's favourite cold drink?

A: Croak-a-cola!

Q: What cheese is made backwards?

A: Edam – get it? Made backwards!



Children at Rowdeford school have also been busy making bread as part of their home learning. We can see how tasty the bread is as a bite has been taken out of it already!

Alfie and Harry from schools in Chippenham had been rummaging through kitchen cupboards and found this strange machine. Their mum loves to buy lots of strange cooking gadgets! As their mum said it was for making tortillas, they decided to have a 'Mexican evening' and made chilli, guacamole, salsa and their own tortillas with this special flour. We say OLE!



Fun food facts!

Honey is bee vomit

When bees collect nectar, they drink it and keep it in their "stomach."

Once they're back at the hive, they regurgitate the nectar into the hive.

McDonalds

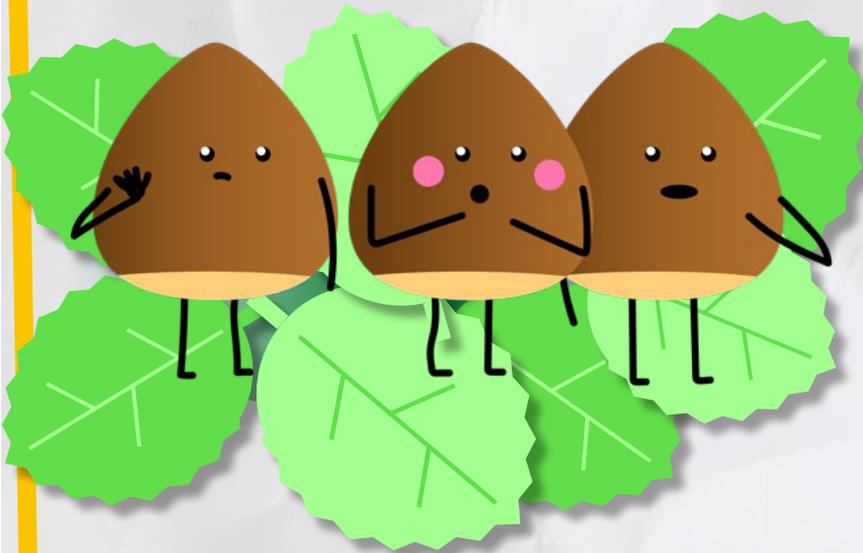
McDonald's sells 2.5 billion hamburgers every year.

Nutella

One in four hazelnuts end up in Nutella.

Nutella is so popular, 25% of all hazelnuts end up in a jar!

Since they're in such high demand, some universities are trying to grow them in labs in order to negate global shortages.



Riddles

1. What starts with "t" ends with "t" and is filled with "t"?
2. I am a fruit whose name sounds as though there might be two of me. In a Christmas song there is a partridge in this kind of tree.
3. There are many types of this food, wild, brown and white to name a few. Before it ever reached your plate, a paddy field is where it grew.

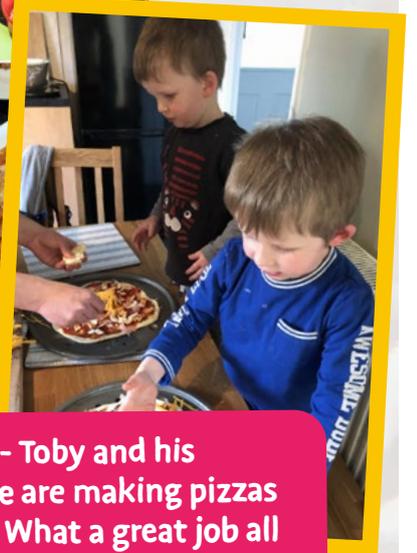
Great Grove Bake Offs

The children at The Grove Primary School and their local community have been experimenting with different recipes, using ingredients they have grown themselves – now that is impressive. They have also been cooking for the rest of their family which is so lovely to see.

It is nice to see the girls having a well-earned break after all that cooking!



What has St John's Catholic Primary School, Trowbridge been up to in the kitchen?



Happy Birthday Penelope!
Penelope is so delighted to have made a cake on the same week as her birthday! Perhaps Penelope is practising for her real birthday cake when she will be 5 years old, as we can't see any candles on this one?! Either way, have a wonderful day Penelope!

Pizza Heaven - Toby and his brother Dougie are making pizzas as was Ethan. What a great job all three boys have done! Who needs takeaway Pizzas when you can make ones as good as these?!

More on the next page >

Continued...



Mia, Marlow and Mylo are loving their picnic in the sunshine. Why is it food tastes so much better outside?



Say "cheese"! Alex, Toby and Pippa are learning how to make mozzarella cheese. How exciting, perhaps they could let us know the recipe?!



Here is a 'flavour' of what has been happening with school dinners at **St Paul's, Chippenham**

They have been providing around 20 hot meals for children every day to be eaten in school or collected to have at home. Children say that there is a lovely atmosphere in the hall while they eat, some in their family groups.

Here is a selection of meals that they have made; pork cobbler and cheesy tomato pasta. All meals are served with a slice of homemade bread (the thyme and turmeric loaf is very popular!), a fruit pot and a pudding like a blueberry muffin or rice crispy cake.



Another great photo of cooking at home!



Georgie from Aloeric Primary School has found a passion for creating some beautiful food from lemon and chocolate orange cheese cakes to a full roast dinner - she is loving learning these new cooking skills!

DAVID JAY ONLINE

Westbury CE Junior School showing off their baking skills at home!



Samuel from **Fitzmaurice Primary School** has made Empanadas and Aztec soup with his mum. Empanadas are a Nicaraguan food and Samuel's favourite. They are made with maize flour, cheese and re-fried beans.

Samuel also made Aztec soup using fresh tomatoes, onions, garlic, coriander and vegetable stock. Serve with avocado, cheddar cheese, tortilla, nachos and tabasco chili.



Food faces!

You can jazz up snack time by creating funny food faces with your favourite fruit and vegetables. Ask a grown-up's permission first and get making them together! You could even make a self-portrait like the one in the middle! I wonder who has hair like broccoli!? Take a photo and send in to your school to show how creative you can be.



Everything is going to be alright
have hope! There's always light at the end of a rainbow.
Stay safe! Keep smiling! ☺ Don't worry be happy! ☺
there's always light at the end of a storm! ☺
☺ from Paxcroft School ☺



Answers

Riddles

1. Teapot / 2. Pair / 3. Rice

Next week...

Next week we are asking you, 'How are you getting on with home learning?' so please let us know by emailing events@wiltshire.gov.uk

Notice!

Due to your many wonderful contributions, from next week we will share some content sent from you via our social media as well.

You can follow us on
Twitter: @wiltscouncil
Facebook: @wiltshirecouncil

see you next week!

Keeping safe and who can help

Even though you may not be in school at the moment, everyone at your school wants you to know that we are still thinking about you.

If you have questions, or need help, then the information below may help you.

Childline, call for free on **0800 111** or get in touch online at: www.childline.org.uk