



17<sup>th</sup> May 2019

Dear Parents and Carers

### Woodborough School's Golden Mile Returns!

After the success of last year's Golden Mile, we have decided to run the initiative again.

- This year's Golden Mile challenge will commence on **Monday 3<sup>rd</sup>** (children from Years 5 and 6, on the residential, will be credited with the miles they walk at Rockley) and will continue until the end of Term 6.
- Anyone can take part – we encourage parents, grandparents, preschoolers and any other family members to take part too (although please be aware we won't have the capacity to record your laps and distances).
- Children can arrive at school between **8.15 and 8.45am** to take part each morning. If they arrive after this time, they will be asked to go straight to class.
- Children arriving by bus may be allowed to start after 8.45 am.
- At **8.55am** all children will be asked to go to their classrooms so they are ready and prepared for lessons.
- There will be a limit on the number of laps which children can run each day. **Children in Years R and 1 can run a maximum of 4 laps** which equates to 1/2 mile. **Children in Years 2 - 6 can run a maximum of 8 laps** which equates to 1 mile.
- As the children complete a lap, they will collect a lollipop stick. Once they have collected their maximum number of sticks for that day, they need to take them into class where they'll be given a sticker which will go on a chart, so they can keep track of their running achievements.
- In a slight change from last year the target for children in Years R and 1 is a half marathon (13 miles). If they complete this they will receive a trophy at the end of the term. If this is too daunting a target, they can aim for 10km (6 miles) for which they will receive a medal.
- The target for children in Years 2 – 6 is a full marathon (26 miles) and they will receive a trophy at the end of the term if they complete this challenge. Those who would prefer to aim for the half marathon (13 miles), will receive a medal.

Mrs Barker has agreed to lead the Golden Mile again this year and we are very keen to have some parents help her each morning. Ideally 2 parent helpers each morning are required. If you know you can help on a certain day, on a regular basis, please inform myself or Mrs Hobbs and we will draw up a rota.

We do hope you will all embrace Woodborough School's Golden Mile again this year and make it another great success!

Thank you for your continued support,  
Mrs Wren  
PE Subject Leader

