Kingswood Kit List.

Here is a suggested list of what you will need to bring for your week away. Make sure you remember to bring a **packed lunch and drink** for Sunday.
The centre is very strict about having proper water shoes not crocs.

Item	Number of items	Packed at home	Packed at centre
Clothes			
Night Clothes			
Underwear			
Pairs of Socks (including plenty of spares)			
Trousers (It's important that the students do not wear jeans whilst doing the activities for safety and comfort reasons)			
Shorts			
T-Shirts			
Long sleeved top			
Rash vest			
Shortie wetsuit			
Jumper/Sweatshirt			
Waterproof Jacket/Anorak			
Sunhat			
Trainers or other substantial footwear (at least 2 pairs)			
Swimwear			
Water shoes			
Sunglasses			
Toiletries			
Wash bag			
Toothbrush			
Toothpaste			
Sponge/Flannel			
Soap			
Shower gel			
Hair products i.e. shampoo/conditioner			
Hair Ties (for long hair)			
Sun cream (really important)			
Towels (bath and beach)			
Large sturdy bag for damp, dirty clothing			
Roll-on deodorant			
Other			
Named Water Bottle (really important)			
Book to read			
Small torch with batteries			